

ICEBREAKER QUESTIONS

Use these questions to kick off a meeting and to encourage people to start talking while getting to know one another.

1. The questions become more personal and insightful as the levels increase.
2. Ask everyone the same question or allow each person to pick a level and question number.
3. Alternatively, cut up the questions, place them in a bowl, and have each person draw one to answer.

LEVEL 1:

1. What famous person did you have a crush on as a teenager?
2. What is one of your favorite local restaurants?
3. What show, movie, or podcast have you recently watched or streamed that you loved?
4. If you could be any animal for a day, which animal would you pick? Why?
5. What was one of your first paid jobs?
6. In twenty seconds or less, show a scar and tell what happened.
7. Which food would you rank high on your list of least favorite foods?
8. If you could possess a supernatural ability, what would it be?
9. If you had to go by a completely different first name, what would it be?
10. If you had to give up a favorite food, which would be the most difficult to give up?
11. If you could borrow anything from anyone for one week, what would you borrow?
12. If you could have a personal assistant to take care of one task a day for you, what job would you choose to have them do?
13. What is something you should probably get rid of but haven't?
14. You have \$10,000 and one week to spend it on a trip to somewhere in the world. Where would you go and why?
15. What product or service could you easily and happily represent as their national spokesperson because you love it so much?
16. If you could be instantly fluent in one other language, what would it be and why?
17. What was your first concert?
18. What was your favorite Halloween costume as a child?
19. What completely safe animal inexplicably freaks you out?
20. What nicknames have you had in the past?
21. What is in the trunk of your car right now?
22. What candy do you enjoy that many people dislike?
23. What trendy fashion item did you wear (in the 70s, 80s, 90s, etc.) that you would now be embarrassed to wear?
24. Do you prefer crunchy or smooth peanut butter?
25. If you were good enough to medal in the Summer or Winter Olympics, which event would you most like to do?

LEVEL 2:

1. Tell us about a school teacher that made a big impression on you (for good or bad).
2. What aspect of your daily routine do you look forward to the most?
3. If you were guaranteed to be successful in a different profession, what would you choose to do?
4. What is one lesser-known thing that surprises people about you?
5. What is one of the worst jobs you've ever had?
6. What (if any) is the story behind your name?
7. What are a couple of things you remember about your grandparents?
8. What is the worst storm or disaster you've been in? What was it like?
9. What is a unique habit of yours that some people would find odd?
10. If you could have dinner with anyone dead or alive, who would you pick and why? (You can't say Jesus.)
11. If you could travel back in time to any certain era or event, when/where would you pick and why
12. Assume your home is on fire. All the people and pets are safely outside. You have time to run back in to rescue one more thing. What would you save?
13. What's the story behind the longest time you've gone without sleep?
14. What were the circumstances that surrounded your first kiss?
15. Tell us about a time when you got into big trouble.
16. You have one minute to speak to the entire nation on national television. What one or two key things would you like to tell them?
17. What day of your life would you most like to relive? Why?
18. What is a purchase you eventually came to regret?
19. What was a strange or unique family tradition you had growing up? 20. What do you remember being afraid of as a child?
20. What clubs were you involved in during high school and college?
21. If you had one extra hour of free time a day, how would you use it?
22. When you were in grade school, what did you want to be when you grew up? Why?
24. What is something you own that is of sentimental value?
23. What famous person do you know or have you met face to face?

LEVEL 3:

1. What do you miss most about your childhood?
2. What is an emotion you often feel but don't often express? Why?
3. What compliment do you value most these days?
4. Where do you go or what do you do when life gets you down? Why?
5. Who is one of your heroes?
6. In what area of your life would you like to have greater peace? Why?
7. What is one of your biggest fears about the future?
8. If you were to write a book, what would it be about?
9. In what area would you like to be taken more seriously?
10. In what way are you most often misunderstood?
11. What one thing would you like your obituary to say about you?
12. What is one of your current fears or phobias?
13. Which of your habits annoys you most?
14. In what ways are you like your mom?
15. In what ways are you like your dad?
16. Outside of marriage or parenthood, what was a life event or season that significantly shaped who you are today?
17. What is one of your strengths?
18. What event or season of your life was difficult but rewarding?
19. What do you wish you had spent more time doing five years ago?
20. What is one thing you are embarrassed to admit?
21. What brings you tension these days?
22. What was the best thing that happened to you this past weekend?
23. What piece of advice do you wish you could go back and give to yourself as a teenager?
24. What is something you'd try if you were guaranteed not to fail?
24. What is something God is teaching you in this season of your life?